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TRIP ITINERARY

KANCHENJUNGA NORTH & SOUTH BASE CAMP TREK

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NEPAL · KANCHENJUNGA

Kanchenjunga North & South Base Camp Trek

** Journey deep into the remote eastern Himalayas on an extraordinary Kanchenjunga North & South Base Camp Trek.

TRIP PRICE

\$2,500

COST / PRICE

\$2,500

REGION

Kanchenjunga

DURATION

23 days

MAXIMUM ALTITUDE

5,150 m

BEST SEASON

Spring & Autumn

DIFFICULTY

Challenging

ACCOMMODATION

Teahouse / Lodge

TRIP TYPE

trekking

HIGHLIGHTS

What makes this trip special

- 01

Reach Kanchenjunga North Base Camp (Pang Pema, 5,140 m) with breathtaking views of the world's third-highest mountain.
- 02

Explore the South Base Camp & Oktang Viewpoint (4,730 m) for an unforgettable perspective of Kanchenjunga's southern face.
- 03

Cross spectacular high passes, including Sele La (4,186 m) and Sinion La (4,646 m), through remote Himalayan wilderness.
- 04

Experience authentic mountain life through remote villages, Tibetan-influenced culture, forests, glaciers, and dramatic landscapes far from the busy trekking routes.

OVERVIEW

Journey overview

The **Kanchenjunga North & South Base Camp Trek** is an extraordinary journey into one of Nepal's most remote and untouched Himalayan regions. Named after **Mount Kanchenjunga (8,586 m)**, the world's third-highest mountain, this adventure combines spectacular mountain scenery, challenging high passes, remote villages, ancient cultures, glaciers, and two very different perspectives of the Kanchenjunga massif.

Unlike Nepal's more crowded trekking routes, the Kanchenjunga region offers a genuine sense of wilderness. The trail leads through the **Kanchenjunga Conservation Area**, beginning in the lush foothills of eastern Nepal and gradually climbing through rhododendron and alpine forests toward the high Himalayan landscape. Along the way, you pass traditional villages such as **Chirwa, Amjilassa, Gyabla, Ghunsa, Kambachen, Lhonak, Tseram, and Yamphudin**, experiencing the hospitality and mountain lifestyle of communities living in this remote corner of Nepal.

One of the greatest highlights is reaching **Pang Pema (5,140 m)**, the North Base Camp of Kanchenjunga. From here, the enormous Kanchenjunga massif rises dramatically above the surrounding glaciers and valleys. The journey also includes an ambitious ascent toward **Dromo Sporn** at approximately 6,000 m, offering an exceptional high-altitude mountain experience for properly acclimatized and experienced trekkers.

The adventure then continues across the spectacular **Sele La (4,186 m)** and **Sinion La (4,646 m)**. Crossing these high Himalayan passes is one of the most challenging and rewarding sections of the trek, connecting the northern and southern sides of the Kanchenjunga region. The landscape changes constantly—from rugged alpine terrain and glaciers to greener valleys and forests as you descend toward the south.

On the southern side, the trail leads to **Ramche (4,500 m)** and onward to **Oktang (4,730 m)**, a spectacular viewpoint overlooking the southern face of Kanchenjunga. Standing here, surrounded by immense Himalayan peaks and glaciers, provides another unforgettable perspective of the mountain and completes the experience of exploring both sides of the Kanchenjunga massif.

The trek is carefully designed with **acclimatization days** at Ghunsa and Kambachen, allowing your body to adjust gradually before reaching higher elevations. However, with long walking days, high passes, remote terrain, and an optional climb toward 6,000 m, this is a demanding adventure best suited to **experienced and physically prepared trekkers**.

The journey begins with a flight from **Kathmandu to Bhadrapur**, followed by a scenic drive toward the Kanchenjunga trailhead. After completing the trek, you descend toward **Yamphudin**, travel through **Ilam**, and return to Kathmandu via Bhadrapur. The combination of trekking, high-altitude adventure, cultural encounters, and remote Himalayan landscapes makes this far more than a standard base camp trek, it is a complete journey through one of Nepal's wildest and most spectacular mountain regions.

If you are looking for a challenging Himalayan adventure away from the crowds, the Kanchenjunga North & South Base Camp Trek offers an unforgettable opportunity to walk beneath one of the greatest mountains on Earth.

Itinerary

A clear breakdown of each day of the trip.

DAY 1

1 Arrive in Kathmandu (1400 meters)

1,400 M

Welcome to Nepal! Upon your arrival at Tribhuvan International Airport in Kathmandu, our team will meet you and transfer you comfortably to your hotel in Thamel. After checking in, you can relax and recover from your journey or take a gentle walk through the lively streets of Thamel. This is a relaxed beginning to your Kanchenjunga adventure, giving you time to settle in, meet your trekking team, and prepare for the remote Himalayan journey ahead.

Transfer: Airport to hotel

Meals: Welcome Dinner

DAY 2

Fly to Bhadrapur and Drive to Phidim | 1,120 m

6-7 Hrs · 265 km · 1,120 m

Your adventure begins with a flight from Kathmandu to Bhadrapur in eastern Nepal. From Bhadrapur, the journey continues by road toward Phidim, passing through lush hills, winding mountain roads, and traditional settlements. The approximately **265 km drive takes around 6–7 hours**, offering your first glimpse into the eastern Himalayan landscape. Phidim is a peaceful hill town and an important gateway toward the Kanchenjunga region.

Altitude: Phidim – 1,120 m

Flight: Kathmandu–Bhadrapur, approximately 45–50 minutes

Drive: Approximately 265 km | 6–7 hours

Meals: Breakfast, Lunch & Dinner

Overnight: Lodge

DAY 3

Drive to Chirwa / Sekathum | Approx. 1,660 m

3-4 Hrs · 1,660 m

Today you continue deeper into eastern Nepal by road, following rugged mountain terrain toward the Kanchenjunga trailhead. Depending on road and local conditions, the drive takes you toward **Chirwa or Sekathum**, where the trekking adventure begins in earnest. The landscape gradually becomes wilder and more remote as you approach the Kanchenjunga Conservation Area. After reaching your overnight stop, take time to rest and prepare for the first full day of trekking.

Altitude: Sekathum - approximately 1,660 m

Drive: Distance and duration depend on the road conditions and overnight point

Walking: Short local walk, approximately 3 hours if required

Elevation change: Approximately +200 m / -200 m

Meals: Breakfast, Lunch & Dinner

Overnight: Lodge

DAY 4

Trek Chirwa to Sekathum | 1,660 m

6-7 hrs · 12-14 km · 1,660 m

Your first full day on the Kanchenjunga trail takes you through beautiful Himalayan foothills, where forested slopes, rushing rivers, suspension bridges, and small mountain settlements create an unforgettable introduction to the region. The trail gradually climbs and descends through a landscape that feels increasingly remote and untouched. With approximately **850 m of ascent and 50 m of descent**, this is a demanding but rewarding day that builds the rhythm for the journey ahead.

Altitude: Sekathum - 1,660 m

Walking time: Approximately 6 hours

Elevation gain: +850 m

Elevation loss: -50 m

Distance: Approximately 12–14 km, depending on the exact trail

Meals: Breakfast, Lunch & Dinner

Overnight: Lodge

DAY 5

Sekathum to Amjilassa | 2,340 m

6-7 hrs · 12-14 km · 2,340 m

Today the trail enters deeper into the wilderness of the Kanchenjunga region. You follow narrow mountain paths through dense forests, crossing streams and climbing steadily toward Amjilassa. The route is physically demanding, but every climb brings you farther away from the outside world and closer to the spectacular high mountains. After around **7 hours of walking**, you reach Amjilassa, a small mountain settlement surrounded by dramatic forested hills.

Altitude: Amjilassa - 2,340 m

Walking time: Approximately 7 hours

Elevation gain: +950 m

Elevation loss: -150 m

Distance: Approximately 12–14 km

Meals: Breakfast, Lunch & Dinner

Overnight: Lodge

DAY 6

Amjilassa to Gyabla | 2,730 m

5-6 hrs · 10-12 km · 2,730 m

The trail continues through beautiful temperate and rhododendron forests as you make your way toward Gyabla. Today's route involves both climbing and descending, with approximately **800 m of ascent and 500 m of descent**. The changing vegetation and increasingly dramatic mountain environment remind you that you are steadily gaining altitude. After approximately **5 hours of trekking**, arrive at Gyabla and enjoy a well-earned evening in this peaceful Himalayan village.

Altitude: Gyabla - 2,730 m

Walking time: Approximately 5 hours

Elevation gain: +800 m

Elevation loss: -500 m

Distance: Approximately 10-12 km

Meals: Breakfast, Lunch & Dinner

Overnight: Lodge

DAY 7

Gyabla to Ghunsa | 3,415 m

5-6 hrs · 10-12 km · 3,415 m

Today marks an important step higher into the Kanchenjunga wilderness. The trail climbs gradually through forests and open mountain landscapes toward **Ghunsa at 3,415 m**, one of the most important settlements on the northern approach to Kanchenjunga. With around **800 m of ascent and 100 m of descent**, the approximately 5-hour walk offers beautiful scenery and a growing sense of entering the high Himalaya. Ghunsa is a traditional Tibetan-influenced mountain village and an ideal place to slow down and acclimatize.

Altitude: Ghunsa – 3,415 m

Walking time: Approximately 5 hours

Elevation gain: +800 m

Elevation loss: -100 m

Distance: Approximately 10–12 km

Meals: Breakfast, Lunch & Dinner

Overnight: Lodge

DAY 8

Acclimatization Day in Ghunsa | 3,415 m

3-4 hrs · 3,415 m

Today is dedicated to acclimatization and is intentionally easy and relaxed. Rather than pushing higher with luggage, you take a short exploration hike around the Ghunsa area, gaining approximately **500 m of elevation** before returning to the village. This active rest day helps your body adjust naturally to the increasing altitude while allowing you to enjoy the scenery, local culture, and peaceful mountain atmosphere.

- Altitude:** Ghunsa - 3,415 m
- Hiking time:** Approximately 4 hours
- Elevation gain:** +500 m
- Elevation loss:** -550 m
- Purpose:** Acclimatization and relaxed exploration
- Meals:** Breakfast, Lunch & Dinner
- Overnight:** Lodge

DAY 9

Ghunsa to Kambachen | 4,145 m

6-7 hrs · 10-12 km · 4,145 m

Leaving Ghunsa behind, the landscape changes dramatically as the trail climbs into the high alpine zone. Forests become thinner and the surrounding mountains begin to dominate the horizon. You follow the river through rugged terrain toward **Kambachen at 4,145 m**. The approximately **6-hour trek** involves around **750 m of ascent**, making it an important altitude-gaining day. Arriving at Kambachen, you will feel the remoteness of the Kanchenjunga wilderness more strongly than ever.

- Altitude:** Kambachen - 4,145 m
- Walking time:** Approximately 6 hours
- Elevation gain:** +750 m
- Elevation loss:** -50 m
- Distance:** Approximately 10–12 km
- Meals:** Breakfast, Lunch & Dinner
- Overnight:** Lodge

DAY 10

Acclimatization Day in Kambachen | 4,145 m

3-4 hrs · 4,145 m

Another carefully planned acclimatization day allows your body to adjust to the high altitude before moving toward Lhonak and Pang Pema. After a relaxed morning, enjoy a short exploration hike into the surrounding mountains. The hike gains approximately **500 m** before returning to Kambachen. Take the evening to rest, hydrate, and prepare for the spectacular high-altitude landscapes ahead.

- Altitude:** Kambachen - 4,145 m
- Hiking time:** Approximately 4 hours
- Elevation gain:** +500 m
- Elevation loss:** -500 m
- Purpose:** Acclimatization and mountain exploration
- Meals:** Breakfast, Lunch & Dinner
- Overnight:** Lodge

DAY 11

Kambachen to Lhonak | 4,780 m

6-7 hrs · 9-10 km · 4,780 m

Today is one of the most spectacular stages of the trek as you leave Kambachen and continue toward **Lhonak at 4,780 m**. The trail follows the Kanchenjunga Glacier area through increasingly barren and dramatic terrain, with enormous Himalayan peaks rising around you. The approximately **6-hour walk** gains around **750 m**, so a steady pace and careful acclimatization are essential. By the time you reach Lhonak, you are truly in the heart of the high Himalaya.

- Altitude:** Lhonak - 4,780 m
- Walking time:** Approximately 6 hours
- Elevation gain:** +750 m
- Elevation loss:** -50 m
- Distance:** Approximately 9–11 km
- Meals:** Breakfast, Lunch & Dinner
- Overnight:** Lodge

DAY 12

Lhonak to Pang Pema, Kanchenjunga North Base Camp | 5,140 m

3-4 hrs · 8-10 km · 5,140 m

This is a truly unforgettable day. From Lhonak, you trek toward **Pang Pema at 5,140 m**, the northern base camp of Mount Kanchenjunga. The trail leads through a stark and magnificent glacial landscape, with immense peaks surrounding you from every direction. The approximately **3–4 hour excursion** gains around **450 m** before returning toward Lhonak. Standing at Pang Pema beneath the world's third-highest mountain is one of the defining moments of the entire journey.

Altitude: Pang Pema - 5,140 m

Walking time: Approximately 3-4 hours

Elevation gain: +450 m

Elevation loss: -50 m

Distance: Approximately 8–10 km round trip

Meals: Breakfast, Lunch & Dinner

Overnight: Tent / Lodge depending on final arrangement

DAY 13

Climb Dromo Sporn | 6,000 m | Return to Lhonak

9-10 hrs · 6000 m

Today is a challenging high-altitude adventure toward **Dromo Sporn at approximately 6,000 m**. You begin early, climbing into the spectacular high mountain environment while surrounded by glaciers and towering Himalayan peaks. The ascent and descent require approximately **6 hours**, with around **850 m of elevation gain and 850 m of descent**. After lunch, you descend further toward **Lhonak at 4,780 m**, with an additional approximately 3 hours of walking. This is an ambitious day and should be undertaken according to mountain conditions, acclimatization, and the guide's assessment.

Altitude: Dromo Sporn - approximately 6,000 m

Altitude: Lhonak - 4,780 m

Walking time: Approximately 6 hours for the climb + 3 hours descent

Elevation gain/loss: Approximately +850 m / -850 m for the climb

Additional descent: Approximately 50 m up / 400 m down

Meals: Breakfast, Lunch & Dinner

Overnight: Lodge

DAY 14

Lhonak to Ghunsa | 3,415 m

8-9 hrs · 17-20 km · 3,415 m

After the demanding high-altitude excursion, today brings a long descent back toward the warmer and greener landscapes around Ghunsa. The trail retraces part of the spectacular route through the Kanchenjunga wilderness, gradually losing altitude as the scenery changes from barren alpine terrain to forests. Expect around **8 hours of walking**, with approximately **1,500 m of descent**. Reaching Ghunsa feels especially rewarding after the days spent at extreme altitude.

Altitude: Ghunsa - 3,415 m

Walking time: Approximately 8 hours

Elevation gain: +300 m

Elevation loss: -1,500 m

Distance: Approximately 17-20 km

Meals: Breakfast, Lunch & Dinner

Overnight: Lodge

DAY 15

Ghunsa to Sele La High Camp | 4,100 m

5-6 hrs · 8-10 km · 4,100 m

The route now turns toward the challenging high passes connecting the northern and southern sides of the Kanchenjunga region. From Ghunsa, the trail climbs steadily through alpine terrain toward **Sele La High Camp at approximately 4,100 m**. With around **900 m of ascent** and approximately 5–6 hours of trekking, this is a demanding day. As you gain altitude, the surrounding mountains become increasingly dramatic, preparing you for the high-pass crossing tomorrow.

Altitude: Sele La High Camp - 4,100 m**Walking time:** Approximately 5-6 hours**Elevation gain:** +900 m**Elevation loss:** -100 m**Distance:** Approximately 8–10 km**Meals:** Breakfast, Lunch & Dinner**Overnight:** Lodge / High Camp

DAY 16

Cross Sele La and Sinion La to Tseram | 3,870 m

8-9 hrs · 12-14 km · 3,870 m

Today is one of the great adventure days of the Kanchenjunga trek. You cross the high **Sele La Pass at 4,186 m** and continue over **Sinion La at 4,646 m**, navigating rugged alpine terrain and exposed mountain passes. The route is physically demanding but richly rewarding, with magnificent views across the Kanchenjunga landscape. After approximately **8-9 hours of trekking**, you descend to **Tseram at 3,870 m**, where the warmer air and lower altitude provide welcome relief.

Altitude: Sele La - 4,186 m**Altitude:** Sinion La - 4,646 m**Altitude:** Tseram - 3,870 m**Walking time:** Approximately 8–9 hours**Elevation gain:** +800 m**Elevation loss:** -1,100 m**Distance:** Approximately 12-14 km**Meals:** Breakfast, Lunch & Dinner**Overnight:** Lodge

DAY 17

Tseram to Ramche | 4,500 m | Excursion to Oktang

5-6 hrs · 10-12 km · 4,500 m

The trail climbs gradually from Tseram toward **Ramche at 4,500 m**, following the magnificent valley toward the southern side of Kanchenjunga. After reaching Ramche and having lunch, you continue on an afternoon excursion toward **Oktang at approximately 4,730 m**, a spectacular viewpoint overlooking the southern face of Kanchenjunga. This is a powerful and emotional section of the trek, offering an extraordinary perspective of the mountain and surrounding glaciers. After the excursion, return to Ramche for the night.

Altitude: Ramche - 4,500 m**Oktang Viewpoint:** Approximately 4,730 m**Walking time:** Approximately 4-6 hours**Elevation gain/loss:** Approximately +600 m / -600 m**Distance:** Approximately 10-12 km**Meals:** Breakfast, Lunch & Dinner**Overnight:** Lodge

DAY 18

Ramche to Torongdin | 3,100 m

6-7 hrs · 14-16 km · 3,100 m

Today you begin a long and rewarding descent from the high alpine environment. Leaving Ramche, the trail gradually drops through changing vegetation and increasingly green landscapes toward **Torongdin at approximately 3,100 m**. With around **1,600 m of descent**, the approximately 6–7 hour walk provides a significant change in scenery and altitude. Enjoy the warmer temperatures and forested surroundings as you move closer to the lower valleys.

Altitude: Torongdin - 3,100 m**Walking time:** Approximately 6-7 hours**Elevation gain:** +100 m**Elevation loss:** -1,600 m**Distance:** Approximately 14–16 km**Meals:** Breakfast, Lunch & Dinner**Overnight:** Lodge

DAY 19

Torongdin to Sherpaguan / Yamphudin | 2,000 m

6-7 hrs · 12-15 km · 2,000 m

The journey continues through beautiful forests, traditional mountain settlements, and the greener southern landscapes of the Kanchenjunga region. You descend toward **Sherpaguan or Yamphudin at approximately 2,000 m**, depending on local conditions and accommodation availability. The approximately **6–7 hour trek** includes around **1,000 m of descent**, making this another rewarding day of returning gradually to lower elevations.

Altitude: Sherpaguan / Yamphudin - approximately 2,000 m**Walking time:** Approximately 6-7 hours**Elevation gain:** +100 m**Elevation loss:** -1,000 m**Distance:** Approximately 12-15 km**Meals:** Breakfast, Lunch & Dinner**Overnight:** Lodge

DAY 20

Drive from Yamphudin / Sherpaguan to Ilam | 1,000 m

1,000 m

Today you leave the trekking trail behind and begin the overland journey toward **Ilam**, one of eastern Nepal's most beautiful hill regions. The road winds through mountain landscapes, villages, forests, and terraced hillsides, offering a fascinating contrast to the high Himalayan terrain experienced during the trek. After reaching Ilam at approximately **1,000 m**, enjoy a relaxing evening surrounded by the famous tea-growing landscapes of eastern Nepal.

Altitude: Ilam - approximately 1,000 m**Drive:** Distance and duration depend on road conditions and final departure point**Walking:** No trekking**Meals:** Breakfast, Lunch & Dinner**Overnight:** Lodge

DAY 21

Drive Ilam to Bhadrapur and Fly to Kathmandu | 1,400 m

1,400 m

After breakfast, drive from Ilam to **Bhadrapur Airport**, following the scenic roads through eastern Nepal. From Bhadrapur, take your flight back to Kathmandu. After landing, transfer to your hotel and enjoy a comfortable evening in the capital. The transition from the remote Kanchenjunga wilderness back to Kathmandu provides a chance to reflect on the incredible journey you have completed.

Altitude: Kathmandu - 1,400 m**Drive:** Ilam to Bhadrapur - distance and duration depend on road conditions**Flight:** Bhadrapur to Kathmandu**Walking:** No trekking**Meals:** Breakfast & Lunch**Overnight:** Hotel

Today is reserved for exploring Kathmandu and experiencing the cultural side of Nepal. Depending on your interests and available time, visit historic temples, courtyards, monuments, and vibrant local neighborhoods. After spending weeks surrounded by mountains and remote villages, Kathmandu offers a fascinating contrast of history, architecture, spirituality, and everyday Nepali life. It is also your final opportunity to shop for souvenirs or simply relax before your international departure.

Altitude: Kathmandu - 1,400 m

Activity: Cultural sightseeing

Walking: Easy sightseeing walks

Meals: Breakfast

Overnight: Hotel

Your remarkable Kanchenjunga adventure comes to an end today. After breakfast, enjoy your remaining time in Kathmandu before transferring to Tribhuvan International Airport for your international flight. As you leave Nepal, you take home far more than memories of mountains—you carry the experience of remote Himalayan trails, high passes, ancient cultures, and the extraordinary presence of Mount Kanchenjunga.

Altitude: Kathmandu - 1,400 m

Transfer: Hotel to airport

Flight: International departure via Doha

Meals: Breakfast

Included and not included

Included

- ✓ **Arrivals and departure transport by car, Van, Bus**
We will collect you from the Kathmandu International Airport) and transfer to the Hotel.
- ✓ **Full-day sightseeing in Kathmandu**
Swayambhunath temple, Boudhanath stupa, Pashupatinath temple, and Kathmandu durbar squire) with city guide and necessary land transport.
- ✓ **Accommodation in Kathmandu before and after the trek**
(2 nights before the trek and 1 night after the trek) 2 in-sharing basis with Breakfast. (3-star categories hotel)
- ✓ **All Land transport as mentioned in Itinerary**
Hotel to airport and airport to Hotel upon arrival from Bhadrapur in the end.From Bhadrapur - Taplejung - Suketar - and Suketar - Bhadrapur by private jeep.
- ✓ **Domestic flight Kathmandu - Bhadrapur - Kathmandu.**
- ✓ **Accommodation of all meals**
Accommodation of all meals (breakfast, Lunch, dinner tea coffee) while on the trek at the tea house.
- ✓ **All require Permits**
Kanchenjunga restricted area entry permits, Kanchenjunga conservation entry permits including TIMS Card.
- ✓ **Experience Guide**
Experience government license holder trekking guide, including his accommodation, food, and wages.
- ✓ **Porter to carry your stuffs**
1 porter for 2 clients) including his accommodation, food, wages (porter can carry 25 to 30KG total (each client baggage's load 12 to 15KG
- ✓ **Gears for porters (Jacket, trousers, shoes)**
- ✓ **Medicine Kit**
- ✓ **Government taxes and service charges.**

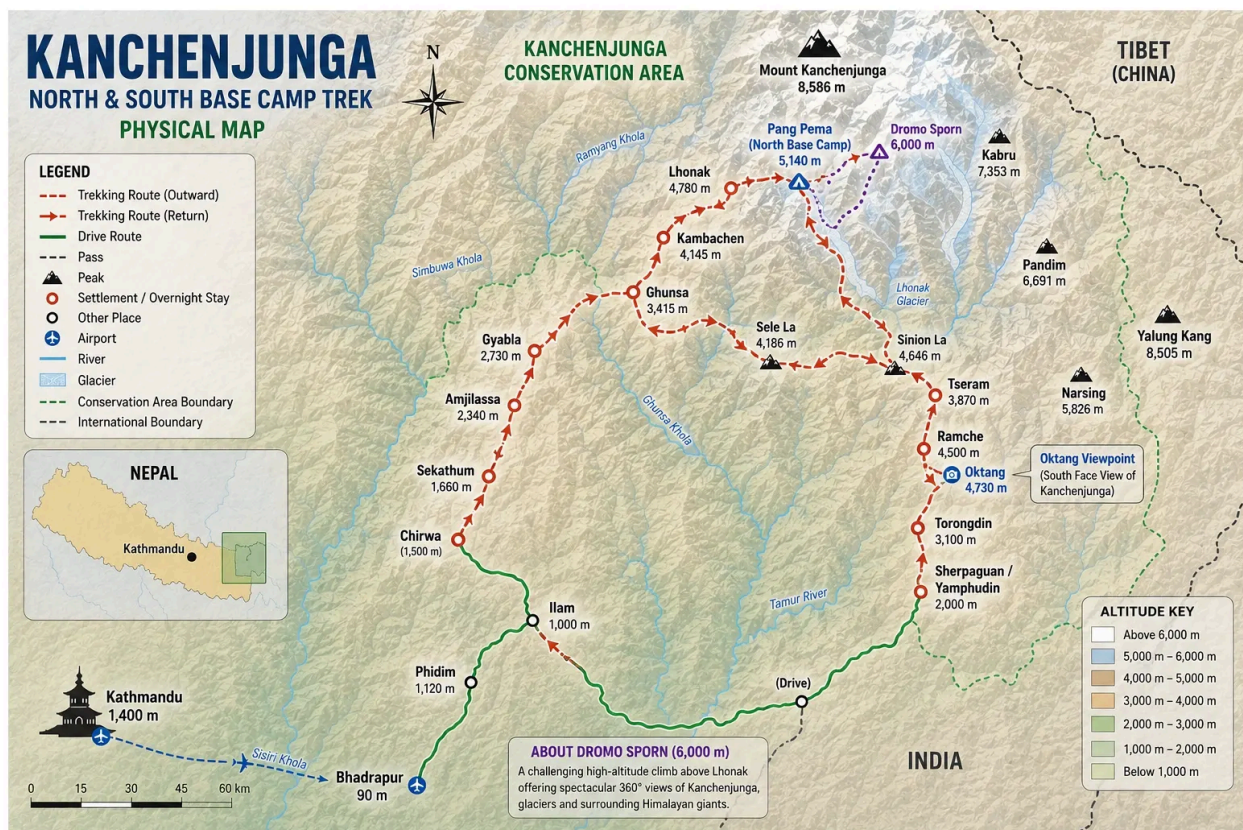
Not included

- **Nepal entry visa Fee.**
- **Entrance fee for sightseeing sports.**
- **Personal Travel insurance.**
- **Lunch and dinner in Kathmandu before and after the trek.**
- **Drinking water, shower, and hard and soft drinks cost.**
- **Telephone, Landry, personal tips for driver, guide, and porter.**

ROUTE MAP

Trekking & tour route

Key stops, checkpoints, and route trajectory.



PLANNING

Frequently asked questions

How difficult is the Kanchenjunga Circuit Trek?

The Kanchenjunga Circuit Trek is a challenging trek suitable for experienced trekkers. It involves long walking days, steep ascents, high-altitude passes, and basic accommodation. Proper preparation, good fitness, and prior high-altitude trekking experience are recommended.

How long does the Kanchenjunga Circuit Trek take?

The full Kanchenjunga Circuit Trek usually takes around 25 days , including travel from Kathmandu to the trek's starting point and acclimatization days. It covers both the North and South Base Camps of Kanchenjunga.

When is the best time to trek in Kanchenjunga?

The best time for the Kanchenjunga Circuit Trek is in spring (March-May) and autumn (September-November) . These seasons offer stable weather, clear mountain views, and pleasant daytime temperatures for trekking.

Is a special permit required for the Kanchenjunga Circuit Trek?

Yes. Since the Kanchenjunga region is a restricted area in Nepal , you'll need a Kanchenjunga Restricted Area Permit (RAP) and a Kanchenjunga Conservation Area Permit (KCAP) . You must trek with a registered guide and in a group of at least two people.

What kind of accommodation is available on the trek?

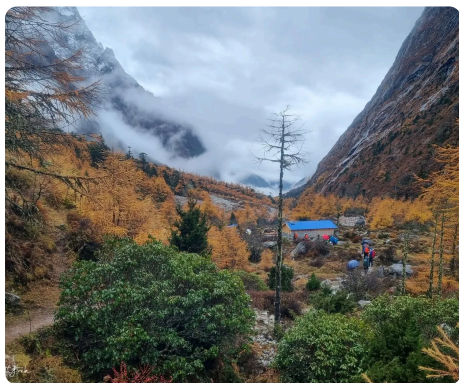
Accommodation during the trek is mostly in basic tea houses and homestays . Rooms are simple, usually with twin beds and shared bathrooms. In some higher-altitude villages, options may be limited, but the hospitality of the locals makes up for the simplicity.

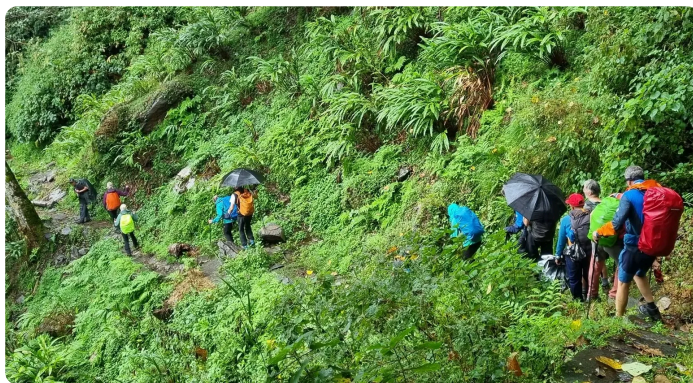
Can beginners do the Kanchenjunga Circuit Trek?

The Kanchenjunga Circuit is not recommended for complete beginners due to its length, remoteness, and high-altitude challenges. It's better suited for trekkers with previous experience on multi-day, high-altitude Himalayan treks.

GALLERY

A glimpse of the journey





Community Trek

Explore, Connect & Experience

Kapan, Kathmandu

WhatsApp & Call: +977-9869666346

PLAN YOUR ADVENTURE

Bookings & Custom Dates

Contact our local team in Kathmandu to reserve your spot or tailor this itinerary.

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✉ communitytreks@gmail.com

<https://communitytrek.com/nepal/kanchenjunga-base-camp-lodge-trek>

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