



NEPAL · BAGMATI, KATHMANDU

Chitlang and Markhu Valley Trek

Chitlang and Markhu Valley Trek is a short and easy escape from Kathmandu, taking you through peaceful forests, terraced fields, and traditional villages.

TRIP PRICE

\$300

COST / PRICE

\$300

REGION

Bagmati, Kathmandu

DURATION

3 days

MAXIMUM ALTITUDE

2,600 m

BEST SEASON

Spring & Autumn

DIFFICULTY

Easy

ACCOMMODATION

Teahouse / Lodge

TRIP TYPE

trekking

HIGHLIGHTS

What makes this trip special

- 01

Peaceful Trails Near Kathmandu: Escape the city and walk through quiet forests, green hills, and scenic countryside.
- 02

Authentic Village Life: Experience traditional Nepali culture, local farming, friendly communities, and peaceful rural surroundings.
- 03

Scenic Chitlang & Markhu Valley: Discover beautiful landscapes, terraced fields, traditional villages, and relaxing valley views.
- 04

Easy Trek for Everyone: A gentle and accessible trek, ideal for families, beginners, and travelers seeking a short Himalayan escape.

OVERVIEW

Journey overview

The trek from Chandragiri to Chitlang and Markhu is a stunning journey. The path takes you through serene jungles and picturesque villages on a quiet, rarely-used road. Remember to bring sunscreen, as there's little shade along the route, and we learned this the hard way with a sunburn. This trek is a fantastic way to experience Nepali village life, with locals known for their vegetable farming and goat herding. Overall, it's an easy and enjoyable hike, perfect for families and beginners. If you're looking for a short and easy trek near Kathmandu, this trek is ideal for you. Plus, it's accessible year-round.

DAY-BY-DAY ROUTE

Itinerary

A clear breakdown of each day of the trip.

DAY 1

Drive to Thangkot, Chandragiri and walk Chitlang Village

Drive to Thangkot:

Start your day with an early morning drive from Kathmandu to Thangkot, the gateway to Chandragiri.

Cable Car to Chandragiri:

From Thangkot, enjoy a scenic cable car ride up to Chandragiri Hills, offering beautiful views of the surrounding valleys and Himalayan landscapes on a clear day.

Hike to Chitlang Village:

Begin your hike from Chandragiri, following peaceful forest trails through lush hills and beautiful natural surroundings. Continue downhill toward the historic Chitlang Village, known for its charming rural setting and rich cultural heritage.

Overnight in Chitlang:

Spend the night in Chitlang and enjoy the warm hospitality, traditional atmosphere, and peaceful village surroundings.

DAY 2

Walk to Markhu Village, Kulekhani

Breakfast in Chitlang:

Begin your morning with a hearty breakfast before setting out for the day's adventure.

Hike to Markhu Village:

Continue your scenic hike from Chitlang to Markhu, following peaceful trails through lush hills and picturesque landscapes. Enjoy the fresh mountain air and beautiful views along the way.

Explore Kulekhani:

Explore the tranquil Kulekhani area and visit Kulekhani Dam, enjoying the peaceful lake, surrounding hills, and refreshing natural scenery.

Overnight in Markhu:

Spend the night in Markhu Village, relaxing in its peaceful surroundings and experiencing the warm hospitality of the local community.

Hike to Mohani Jharna: After breakfast, set out on a refreshing hike to Mohani Jharna, a beautiful waterfall surrounded by lush greenery and peaceful natural scenery.

Return to Markhu: After enjoying the waterfall, hike back to Markhu Village along the same scenic trail, taking time to appreciate the surrounding hills and countryside.

Drive to Kathmandu: After lunch in Markhu, begin the drive back to Kathmandu. Relax and enjoy the changing landscapes along the way as you conclude your memorable trekking adventure.

SERVICES

Included and not included

Included

- ✓ All Transportation
- ✓ Cable Car
- ✓ Guide
- ✓ Accommodation
- ✓ Meals (2 Breakfasts, 2 Dinners, 3 Lunches)
- ✓ Necessary Permits

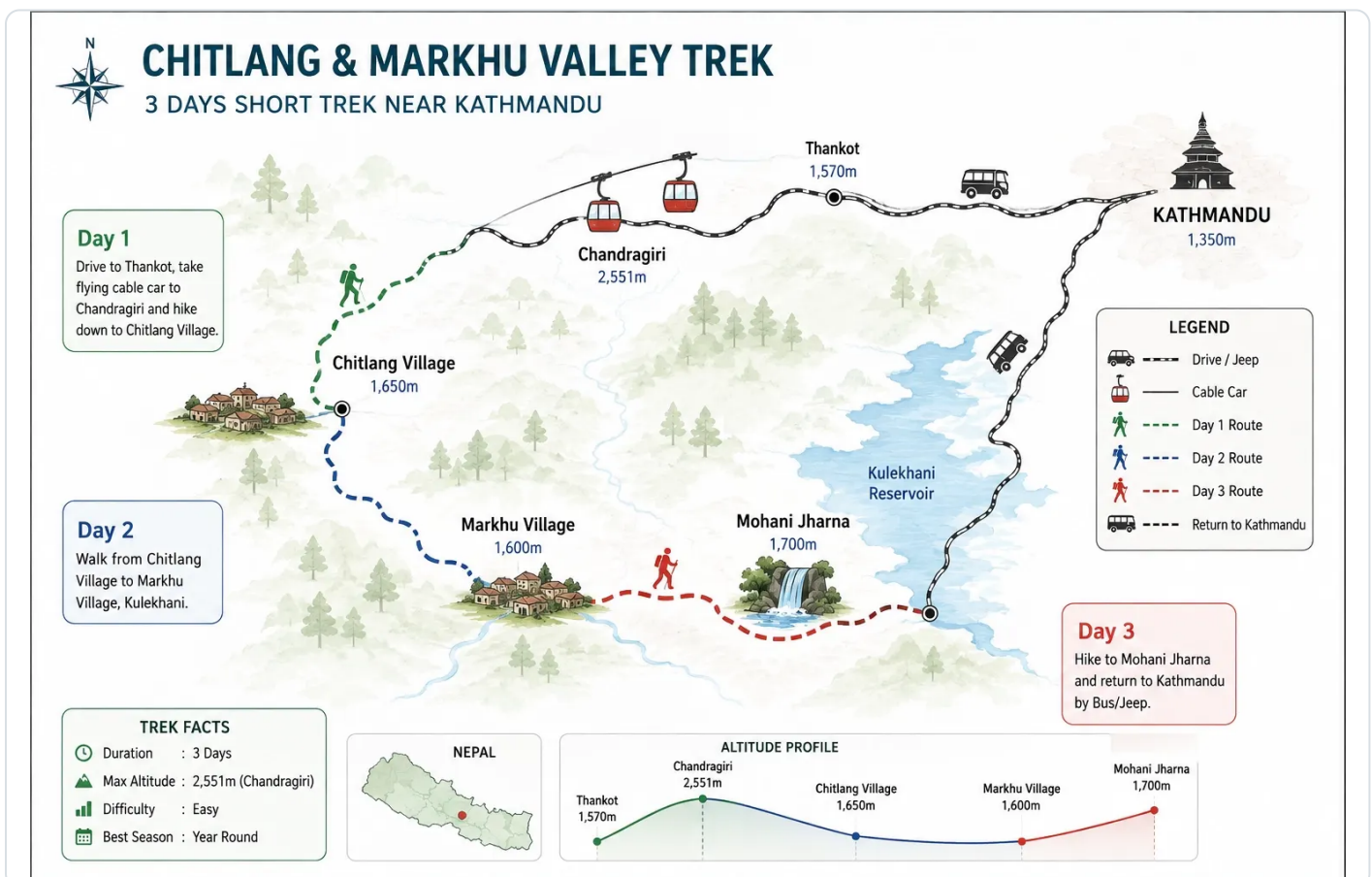
Not included

- Bar Bills
- Porter Services
- Items Not Included in the Itinerary
- Insurance

ROUTE MAP

Trekking & tour route

Key stops, checkpoints, and route trajectory.



Frequently asked questions

How difficult is the Chitlang and Markhu Valley Trek?

The trek is generally easy and suitable for beginners, families, and travelers with average fitness. The trails include gentle uphill and downhill sections, but no technical climbing or high-altitude trekking is required.

How many days does the Chitlang and Markhu Valley Trek take?

The standard itinerary takes 3 days. It includes the journey from Kathmandu to Chandragiri and Chitlang, walking to Markhu Village, a hike to Mohani Jharna, and the return to Kathmandu.

What is the best time to do the Chitlang and Markhu Valley Trek?

The trek can be enjoyed throughout the year. Spring and autumn generally offer pleasant walking conditions and clear scenery, while the monsoon season brings greener landscapes but can make trails wetter.

What can I experience during the trek?

You can enjoy peaceful forest trails, terraced farmland, traditional villages, local farming practices, scenic Markhu and Kulekhani landscapes, and the beautiful Mohani Jharna waterfall. It is also a great opportunity to experience authentic rural life close to Kathmandu.

Is the Chitlang and Markhu Valley Trek suitable for families?

Yes. The trek is a good choice for families and beginners because of its relatively short duration, manageable walking trails, and easy access from Kathmandu. Children should, however, be comfortable with several hours of walking each day.

A glimpse of the journey





Community Trek

Explore, Connect & Experience

Kapan, Kathmandu WhatsApp & Call: +977-9869666346

PLAN YOUR ADVENTURE

Bookings & Custom Dates

Contact our local team in Kathmandu to reserve your spot or tailor this itinerary.

+977-9869666346

✉ communitytreks@gmail.com

<https://communitytrek.com/nepal/chitlang-markhu-valley-trek>

Prepared Aug 29, 2026